LARA SWIMMING CLUB

PROPOSED QUALIFYING MEET (S.A.T.S in use)

13 DECEMBER 2008

ABE & JEAN McCLELLAND POOL (50m OUTDOOR)

Bank St, Lara, 3212. Melways: Map 222, B5

MORNING SESSION BEGINS AT 10:00AM (WARM-UP FROM 9:00AM)

GIRLS	BOYS	EVENT:		
1	2	50m	8/U	Butterfly
3	4	50m	9/10	Butterfly
5	6	50m	11/12	Butterfly
7	8	50m	13/14	Butterfly
9	10	50m	15/OVER	Butterfly
11	12	50m	8/U	Backstroke
13	14	50m	9/10	Backstroke
15	16	50m	11/12	Backstroke
17	18	50m	13/14	Backstroke
19	20	50m	15/OVER	Backstroke
21	22	50m	30/OVER	B.B.B. Handicap

GIRLS	BOYS	EVENT:		
23	24	50m	8/U	Breaststroke
25	26	50m	9/10	Breaststroke
27	28	50m	11/12	Breaststroke
29	30	50m	13/14	Breaststroke
31	32	50m	15/OVER	Breaststroke
33	34	50m	8/U	Freestyle *
35	36	50m	9/10	Freestyle *
37	38	50m	11/12	Freestyle *
39	40	50m	13/14	Freestyle *
41	42	50m	15/OVER	Freestyle *
43	44	50m	30/OVER	Freestyle *

LUNCH BREAK: 30 MINUTES

GIRLS	BOYS	EVENT:		
45	Open 100m Breaststroke Handicap			
46	47	100m	11/U	Butterfly
48	49	100m	12/13	Butterfly
50	51	100m	14/15	Butterfly
52	53	100m	16/OVER	Butterfly
54	55	100m	11/U	Backstroke
56	57	100m	12/13	Backstroke
58	59	100m	14/15	Backstroke
60	61	100m	16/OVER	Backstroke

GIRLS	BOYS	EVENT:		
62	63	100m	11/U	Breaststroke
64	65	100m	12/13	Breaststroke
66	67	100m	14/15	Breaststroke
68	69	100m	16/OVER	Breaststroke
70	71	200m	OPEN	Choice
72	73	100m	11/U	Freestyle
74	75	100m	12/13	Freestyle
76	77	100m	14/15	Freestyle
78	79	100m	16/OVER	Freestyle

- Swimmers in Events 21 & 22 must nominate a stroke (Butterfly, Backstroke or Breaststroke) and provide an entry time. Finals will take place at conclusion of Event 32.
- Swimmers in Events 70 & 71 must nominate a stroke (Butterfly, Backstroke, Breaststroke, Freestyle or I.M.) and provide an entry time.
- On behalf of Swimming Victoria, the Lara Swimming Club will present the **Alice Burton Trophy** to the winner of Event 45. The final of Event 45 will take place at the conclusion of Event 71.
- Results of Events 33 - 44 to be taken into account when awarding the **Ruby Lord Memorial Cup** (girls) and **Hitchcock Shield** (boys) (G.D.S.A swimmers only)

CONDITIONS:

- All entries on A.S. Entry Sheets (V2007).
- Swimming Australia rules apply.
- Pool Depth: 3.0m (diving) to 0.9m (finish / turns).
- Medals presented to 1st, 2nd & 3rd in all events.
- All events, other than 21, 22 & 45, to be decided on time trial basis.
- The Club reserves the right to alter the program at the discretion of the organising committee.

Entries close: Monday 1 December 2008 **Entries: $5 per event (includes $1 SV Levy)**
Entries to: LARA SWIMMING CLUB, P.O. BOX 146, LARA, 3212 **Cheque or Money Order Only**

Enquiries: **Kevin O'Neil**
Phone: **9974 8622** (Business Hours) / **0400 00 9872**
Email: **kevin.oneil@ozemail.com.au**

[Lara Swimming Club website … **http://home.vicnet.net.au/~laraswim/**]

Approximate event times will be available on the website from 10 December.

The Lara Swimming Club will also be conducting an Encouragement Meet on Saturday 7 February 2009.

Personal Details (All details must be completed in full in order for your entry to be accepted)

Name of Meet: **LARA SWIMMING CLUB MEET**		Date of Meet: **SAT 13 DECEMBER 2008**
Surname:	First Name:	Gender Male | Female
Club:	Primary Coach:	Age as at 1st day of meet:
Registration Number: ___ ___ ___ ___ ___ ___ ___ ___ ___ ___ ___		Date of Birth (dd/mm/yyyy): ___ ___ / ___ ___ / ___ ___ ___ ___
Australian Citizen Yes | No	VIS Athlete Yes	SWD Classification (For swimmers with a disability only)

Meet Details

	Event No.	Entry time	Stroke	Distance	Details of where entry time was achieved		
					Date	Meet Name	Venue
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
	TOTAL ENTRIES =		**@ $ 5:00 per event**			**= TOTAL**	**$**

Please note:

- Ensure that the entry time meets the qualifying time & is appropriate for the event entered: check that you have not shown a 400m time for a 100m event
- All times are to be converted by swimmers prior to the lodgement of entries | If times have not been converted, your entry may be rejected or relegated to the slowest heat
- Please use following abbreviations for strokes: FREE – BACK – BREAST – FLY – I.M. – FREE RELAY – MED. RELAY
- Failure to complete all details on the entry form accurately can result in the entry being rejected or relegation to the slowest heat

Declaration (Must be signed in order for your entry to be accepted)

- All details on the form have been completed in full and are correct.
- All details relating to the event, including the time, are factual. I understand that if I do not meet the qualifying time for any event, and my entry time was not achieved at an approved meet, I will be required to pay a monetary fine
- I am currently a registered member of the club shown on the form (registration 1 May – 30 April).
- I have read and understood the above points.

Signature:	Daytime Contact Number:
Swimmer's Address:	

Payment Method: Money Order or Cheque ONLY.

For queries regarding your entry please email: ***kevin.oneil@ozemail.com.au***